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The Coconut Oil Miracle by Dr. Bruce Fife. This book repeats itself a lot but there are some excellent things I never knew about coconut. The references would be good to study further. This book is useful to keep in mind for cancer, HIV, herpes, chlamydia, diabetes, osteoporosis, dandruff, sunscreen and many others.

~~The Coconut Oil Miracle by Dr. Bruce Fife : LIAM CHAI~~

When taken as a dietary supplement, used in cooking, or applied directly to the skin, coconut oil has been found to: Promote weight loss Help prevent heart disease, cancer, diabetes, arthritis, and...

~~The Coconut Oil Miracle - Bruce Fife - Google Books~~

Jay Notes: The Coconut Oil Miracle by Bruce Fife. Jay Notes: The Coconut Oil Miracle by Bruce Fife. • I started using coconut oil myself and began recommending it to my clients (I am a certified nutritionist and naturopathic physician). I 've seen it get rid of chronic psoriasis, eliminate dandruff, remove pre-cancerous skin lesions, speed recovery from the flu, stop bladder infections, overcome chronic fatigue, and relieve hemorrhoids, among other things.

~~Jay Notes: The Coconut Oil Miracle by Bruce Fife~~

The coconut oil and coconut boom might not have been possible if not for the work of

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Dr. Bruce Fife, author of the pivotal book ' The Coconut Oil Miracle, ' which dug deep into the volumes of medical studies showing the crucial benefits of coconut oil, and brought them to the masses, for the first time.

~~' The Coconut Oil Miracle: ' An Interview with Dr. Bruce ...~~

The coconut oil miracle I am not a vegan by any means, nor to intend to crossover. However, Bruce Fife's book on coconut oil and its healthy advantages are very convincing. Being skeptical on the helpfulness and reality of this book, I originally checked it out of the library.

~~Coconut Oil Miracle by Bruce Fife (2004, Trade Paperback ...~~

About The Coconut Oil Miracle • Promote weight loss • Help prevent heart disease, cancer, diabetes, arthritis, Alzheimer ' s, and many other degenerative diseases • Strengthen the immune system • Improve digestion • Prevent premature aging of the skin • Beautify skin and hair Dr. Bruce Fife is widely ...

~~The Coconut Oil Miracle by Bruce Fife: 9781583335444 ...~~

Bruce Fife Coconut Oil Miracle: Use Nature's Elixir to Lose Weight, Beautify Skin and Hair, Prevent Heart Disease, Cancer, and Diabetes, Strengthen the Immune System, Fifth Edition Paperback – Illustrated, 1 Jan. 2014

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The Coconut Oil Miracle Promote weight loss Help prevent heart disease, cancer, diabetes, arthritis, Alzheimer's, and many other degenerative diseases Strengthen the immune system Improve digestion Prevent premature aging of the skin Beautify skin and hair

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Widely recognized as one of the leading authorities on the health benefits of coconut oil, Dr. Bruce Fife provides up-to-the-minute research and crucial information, including the latest studies on links between coconut oil and benefits relating to heart function, Alzheimer's prevention, bodily detoxification, weight loss, and many other important health topics.

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~~The Coconut Oil Miracle: Fife, Bruce: 9781583332047: Books ...~~

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Bruce Fife, bestselling author of *The Coconut Oil Miracle*, presents a companion cookbook and a complete guide to reaping all the health and beauty benefits of cooking with coconut. Healthy, rich, and delicious, coconut is nature's miracle healer.

~~The Coconut Miracle Cookbook: Over 400 Recipes to Boost ...~~

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